

## 21. GOING INTO RESIDENTIAL CARE

A Residential Care Home provides accommodation with both meals and personal care for people who need assistance and supervision such as washing, dressing, administration of medicine, similar to the type of care provided by a carer. A Residential Home cannot provide ongoing nursing care although it may do so on a short-term basis. Nursing Homes provide a higher level of care and some are especially for the elderly and/or mentally infirm. All Nursing and Residential Homes must be registered and some will have dual registration. Social Services can provide advice and guidance on choosing a Home especially where a financial statement is required.



Do not hesitate to visit several homes before you make your choice to ensure that all the needs of the person going into care are met.

### CareAware

A free Helpline service dealing with enquiries relating to the funding of long term care for older people. Also provide independent advice on care fee funding, benefit entitlement, and legal issues. Tel: 08705 134925

Website: [www.careaware.co.uk](http://www.careaware.co.uk) Email: [enquiries@careaware.co.uk](mailto:enquiries@careaware.co.uk)

### Directory of Nursing and Residential Homes in West Sussex

For copies of the Directory, contact the Contracts Department of West Sussex County Council on Tel: 01243 777065

### Elderly Accommodation Counsel

A registered charity providing advice and assistance to elderly people seeking suitable accommodation. Also offers guidance to assist callers choose and fund accommodation most suited to their needs. Elderly Accommodation Council, 89 Albert Embankment, London, SE1 7TP. Tel: 020 7820 1343

Website: [www.housingcare.org](http://www.housingcare.org) Email: [enquiries@eac.org.uk](mailto:enquiries@eac.org.uk)

**Help the Aged Care Fees Advisory Service** – see Chapter 23, *Benefits and Money Matters*

### Relatives and Residents Association

A national organisation for friends and relatives of older people in homes. Offers advice, information and a listening ear concerning the practical and emotional problems experienced in these circumstances. Working with relatives to ensure the highest possible standard of care for residents. 24 The Ivories, 6-18 Northampton Street, London N1 2HY Advice Line Tel: 020 7359 8136 (Mon-Fri 9.30-4.30). Website: [www.relres.org](http://www.relres.org) Email: [info@relres.org](mailto:info@relres.org)

### The Commission for Social Care Inspection (CSCI)

Provides details of and regulates all registered Nursing Homes, Residential Homes and Domiciliary Care Providers in West Sussex. Directory and reports on individual homes available. Tel: 02380 821300

Website: [www.csci.org.uk](http://www.csci.org.uk) Email: [enquiries.southampton@csci.gov.uk](mailto:enquiries.southampton@csci.gov.uk)

### **www.bettercaring.co.uk**

A searchable database of all registered care homes in the UK. Various criteria can be entered to narrow your search, including area and length of stay. It also has a variety of advice and information on fees, selecting the right home, etc.

They can also be phoned on Tel: 0845 644 1701

Email: [bedvacs@bettercaring.co.uk](mailto:bedvacs@bettercaring.co.uk)

### **www.caringinfo.com**

This website is a Resource Centre for older people in West Sussex provided by the West Sussex Forum (WSF) for Independent Providers of Care, which provide services for adults in domiciliary care, residential and nursing home throughout West Sussex.

Contact: caringinfo.com, c/o The West Sussex Forum, Woodland Close, Clapham Village, Nr. Worthing, West Sussex, BN13 3XR.